

Spa Services at Westin Los Angeles Airport

Excellent. Simple. Convenient.

Whether you want everyday wellness or a fabulous party, feeling good has never been so easy!

Reflexology

An ancient Egyptian method of unblocking energy meridians in your whole body through acupressure massage on special points on your feet and hands.

Be Well™ Massage

Skillful hands help you restore balance and vitality with a customized blend of techniques, especially Swedish and Deep Tissue. Choose a soothing gentle pressure or relieve painful knots with deep massage work.

Sports Massage

Maintain limber muscles and healthy joints with this combination of deep massage work, stretching and oscillation. Add \$10 to the rates below for this treatment.

Prenatal Massage

This is an excellent way to connect with your baby while our trained Practitioners relieve the added pressure on your back and legs. We use the sideline method. Add \$10 to the rates below for this treatment.

Shiatsu

A Japanese technique using pressure on release points along the body's energy pathways or meridians relieving pain and tension and creating internal balance and harmony. Add \$10 to the rates below for this treatment.

Hot Stone Massage

Balance and open the body's energy centers with the penetrating heat of warm stones. Melt away tension and stress by combining this treatment with optional deep tissue massage work.

90 and 120 minutes - Rate on this treatment is \$190 for 90 minutes and \$250 for 120 minutes.

Body Polish

The skin is the principle organ of your body. Dry brushing improves your skin's condition by increasing circulation and activating intrinsic moisturizers. Full body exfoliation is followed by a sixty or ninety minute Be Well™ Massage with aromatherapy oils. A complimentary body brush is included as our gift to you.

90 minutes or 120 minutes - Rate on this treatment is \$175 for 90 minutes and \$220 for 120 minutes.

Enwrapture

Warm linens envelop your body as you soak in aromatic oils. After a deeply calming rest your muscles are warm and prepared to receive a sixty or ninety minute full body Be Well™ Massage.

90 minutes or 120 minutes - Rate on this treatment is \$175 for 90 minutes and \$220 for 120 minutes.

The Ultimate Wrap

This divine treatment includes the best of everything! Your skin is treated to a thorough dry brush exfoliation and warm herbally infused oils are applied to your whole body. Then you are swaddled in warm linens and melt into the heat while your Practitioner massages your feet and head for thirty minutes. A sixty or ninety minute full body Be Well™ Massage completes this amazing experience. Complimentary body brush included.

120 minutes or 150 minutes - Rate on this treatment is \$230 for 120 minutes and \$275 for 150 minutes.

Fresh Face Massage

Access your body's ability to retain firm, glowing skin through massage of special acupuncture pressure points on the face and neck. This is a non-surgical face lift! Must be added to another treatment.

15 or 30 minutes - Rate on this treatment is \$35 for 15 minutes and \$65 for 30 minutes.

Hot Oil Head and Neck Massage

We warm and drip fragrant, specially formulated oils onto your head. The stress melts away with a detailed massage designed to nourish and relax the scalp and neck muscles. Must be added to another treatment.

15 or 30 minutes - Rate on this treatment is \$35 for 15 minutes and \$65 for 30 minutes.

Lower Leg and Feet Treat

Soak in a warm restorative mineral bath and enjoy an exfoliating scrub and then a detailed massage of the feet, calves and knees with a peppermint emollient cream. Must be added to another treatment.

45 minutes - Rate on this treatment is \$85 for 45 minutes.

Nail Care

Natural nail care in the comfort of your room. Rate is \$150 per hour for this service.

Professional Hair Styling – wash, cut, color, style, etc.

Stay put and let our professional stylists bring out the beauty in your hair. Rate is \$150 per hour for this service.

Professional Makeup Applications

Going out for a special night or awards show? Put your best face forward! Rate is \$150 per hour for this service.

Be Well™ Facial

This classic facial includes deep cleansing, gentle exfoliation and clarifying masques using botanically based products.

Waxing

We offer a suite of waxing services. Please choose at least 60 minutes of waxing services per person or add on to a facial.

Gentlemen's Facial

Keep your skin young and fit! We've tailored a facial for a man's skin, complete with exfoliation, moisturization and protection against irritation from shaving.

Back Facial

Rest assured your skin will glow after this marvelous treatment. Deep cleansing, exfoliation and moisturizers refresh your back and shoulders.

The Ultimate Facial

We marry the deep cleansing of the Be Well™ Facial with the purifying effects of an extra masque suited for your skin. Includes a hand and foot massage and an extra half hour of pampering to make your shoulders, neck and face feel and look fabulous!

Dr. Schrammek's Green Peel-Deep Peeling Treatment

The Green Peel is a scientifically developed skin regeneration treatment with only pure natural plant ingredients which has been recognized world-wide as a highly safe and successful, non-medical procedure. The preparation is a compound of natural herbs without any chemical additives. It increases the blood circulation of the skin and causes the upper epidermal layers to peel off. This is a remedy for acne, wrinkles, scars, hyper-pigmentation and stretch marks anywhere on the body. Rate is \$210 for this service.

Acupuncture

Acupuncture is Chinese medicine that unblocks energy throughout your body. Provided by a licensed Doctor. Rate on this treatment is \$300 and usually takes 90 minutes

Energy Work: Reiki, Polarity

We offer several unique and powerful body-mind therapies designed for your personal needs including, but not limited to: Reiki and Polarity. Please ask about the style you like best if it is not listed here.

Pet Massage

Our trained professionals will help your little loved ones to relax.

Private Yoga, Laughter Yoga, Pilates, Qi Gong, or Tai Chi Session

Stretch toward the clouds, root into the earth, and connect with your inner self during your yoga session with optional meditation. We create the session based on your specific goals.

Seated Chair Massage

Fully clothed massage on head, neck, shoulders, arms and hands. Minimum of 3 people. Great for groups!

Personal Training

Stay in shape with a session tailored to your needs. The sessions can be performed in the fitness center.

Express Massage

Focus on a specific area of your body for relief of pain and strain. Choose from Reflexology or the Be Well™ Massage and please communicate clearly with your Practitioner the level of pressure desired. Must add to another treatment.

30 minutes - Rate on this treatment is \$75

We offer a variety of energy and body work techniques by request. If you are interested in a modality not listed, please ask.

RATES – unless noted otherwise in specific treatments above

\$110 per person for 60 minutes

\$150 per person for 90 minutes

\$190 per person for 120 minutes

SERVICES

To ensure a memorable experience, please make your reservations well in advance. Services can be received seven days per week, by appointment only. Services provided in your room and services beginning before 9 am or extending past 9:30 pm incur an extra \$15 service fee each. **One hour minimum required per person.**

RESERVATIONS

Reservations for services can be made during Office Hours, which are 10 am to 7 pm, seven days per week. For reservations or information, please contact the Spa Director by dialing Ext. 7310 or 310-614-7455 or email: bewell@thankyouandbewell.com between the hours of 10 am and 7 pm.

CANCELLATION POLICY

If you must cancel or change your service, we require four Office Hours notice (Office Hours are 10 am to 7 pm). Any changes or cancellations made within four Office Hours of the reservation result in a full charge for the services changed or cancelled. Be Well, Inc. strictly adheres to our cancellation policy.